

Follow up survey (All information on this page was provided by the employee.)

About two weeks after your adjustments and purchases have been made, please complete this survey, and ask a colleague to take the photos requested at the bottom of the page. If you are still waiting for some of the recommendations to be implemented two months after your assessment, please contact your supervisor. Please fill out this survey no later than 5 months after your assessment.

Email the completed survey and your photos to info@taylor'dergo.com. An ergonomist will review your survey, contact you to discuss questions or concerns, and may recommend next steps. We still want to hear from you, even if you have no outstanding concerns.

This survey is NOT a formal report of injury. If you have a work-related injury, you must also report it to your supervisor.

For each body part, indicate how often you experience discomfort, and how severe it is, and let us know what causes it to be worse.			Frequency				Severity			What aggravates your discomfort?
			Never	Occasional	Often	Almost always	Slight	Moderate	Severe	
Body part										
<i>example</i>										<i>Example: working in programs that require keyboard shortcuts (ctrl-x, alt-tab)</i>
Headaches										
Eyes										
Neck										
Upper back										
Lower back										
Shoulders	L ☐	R ☐								
Elbows	L ☐	R ☐								
Forearms	L	R								
Wrists/hands	L	R								
Hips/thighs	L ☐	R ☐								
Knees/feet	L ☐	R ☐								

1. Your workstation may have changed due to recommendations made during the assessment. Aside from these changes, has anything else changed? (e.g. bigger monitors, different workstation location within the building, new glasses) Yes No If yes, please describe:

2. Has the proportion of your time spent on the computer vs. phone vs. paperwork significantly changed since your original assessment? (e.g. now spending 4 hrs/day completing data entry)
Yes No If yes, how has this changed?

3. Were all of the recommendations in the report implemented? Yes No If not, which recommendations are still outstanding?

4. Do you have any comments for the ergonomist?

Please take two photographs of you, at your workstation:

- A side view of you, sitting in your chair with your feet on the floor or the footrest that you use, like the ones shown in the report.
- A side view of you with your hands at the keyboard/mouse, looking at the screen, taken from the same perspective as the photos showing "after adjustments made".

Please email the photos with your survey to info@taylor'dergo.com, and cc your supervisor, as we may need to discuss your concerns with him or her. The ergonomist will respond to your survey within 2 weeks.

SIGN and SEND

Thank you for taking the time to complete this follow up survey!