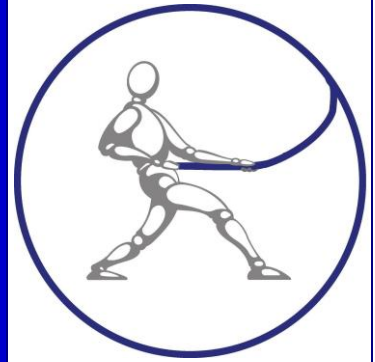


# Taylor'd Ergonomics Incorporated

## driver ergo workshop

www.taylordergo.com



Course length:  
**8 hours**

### What will you learn?

Participants will learn to how identify ergonomics risk factors encountered by drivers, and how to implement some solutions. The focus of the workshop is on driving passenger vehicles, although some discussion of courier and transport trucks will also be included.

Examples specific to your industry (bus, courier, long haul trucking, etc) can also be incorporated into the course, through customisation.

You will learn to:

- Describe **injury** trends in the transportation sector
- Identify "**risk factors**", including awkward driving postures, force, and static or repetitive tasks
- Describe how the **design** and **layout** of a typical vehicle contribute to MSD hazards
- **Adjust the seat** for maximum comfort and back safety
- **Adjust the steering wheel** and other options to optimise posture and comfort
- Identify other encountered by drivers such as **manual material handling, vibration, and sleep deprivation**
- Identify **products** and **solutions** to ergonomics issues encountered by drivers
- Use a **checklist** to evaluate a new vehicle

### What do participants get?

- Detailed course manual
- Seat adjustment checklist
- New vehicle checklist
- Lunch and refreshments

### What is the cost?

**Open enrolment** fee: **\$375** + hst, per person. (We strive to provide training that is accessible to all. Please let us know how we can help. We welcome service animals and support persons required to assist those with a disability, at no extra charge.)

**On-site cost:** \$2150 + hst + materials (\$40/person, not including lunch/refreshments) + mileage/accommodation expenses.

Course customisation and post-course ergonomist support are also available at an additional cost. For a detailed quote, please contact us at 519 623 7733.

### Who should attend?

- Employees who spend a large portion of their time in a vehicle
- Health and safety professionals
- Managers or supervisors making vehicle selection choices
- Ergo team members
- Ergonomists needing refresher training (course is taught by a Canadian Certified Professional Ergonomist)



### How do I register?

**Scan and email** this form with a PO to info@taylordergo.com. You can also register and pay **online** at taylordergo.com. Your registration will be confirmed by email. Cancellations made within one week of the workshop will be subject to a \$100 charge. However, we welcome substitutions at any time, at no extra charge.

Please register me/us for the session in Kitchener on **May 13, 2019**.

Name(s):

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Company:

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Address:

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Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Purchase order #

Our HST# is 89765 6377.

### What distinguishes our training?

**Key features** that are common to all of our workshops:

- We let you know **what to expect in advance**. You will receive a confirmation letter telling you how to prepare for the workshop, and what to expect.
- Our energetic **course facilitators** are all ergonomists with training and experience in instructional techniques, who are genuinely interested in your learning.
- Our **objectives** are clear. At the beginning of each section, we tell you what you will be learning in that section.
- We **simplify** and make the material as user-friendly as possible!
- People really *learn* in our training, because we are committed to **skill-based training** based on adult learning principles.
- Quick references** ensure that key information is readily available after the training. We provide easy-to-use guides and checklists.
- Case studies allow **real-life application** of the course material.
- Our courses are **competency-based**, ensuring value for your investment. Certificates are available to those who complete the workshop quiz. (Letters to confirm attendance are issued to those who "audit" the course.)
- We **limit enrolment** to 12 people, to ensure lots of individual attention and ample opportunities for participation.