

# Driver Ergo



Wednesday, June 11, 2008  
Cambridge, ON  
8:30-5:00

Participants will learn how to identify ergonomics risk factors encountered by drivers, and how to implement some solutions. The focus of the workshop is on driving passenger vehicles, although some discussion of courier and transport trucks will also be included.

## You learn to:

- Describe **injury** trends in the transportation sector
- Identify "**risk factors**", including awkward driving postures, force, and static or repetitive tasks
- Describe how the **design** and **layout** of a typical vehicle contributes to ergonomic issues
- **Adjust the seat** for maximum comfort and back safety
- **Adjust the steering wheel** and other options to optimise posture and comfort
- Identify additional issues encountered by professional drivers such as **manual material handling, vibration, sleep deprivation**
- Identify **products** and **solutions** to some of the ergonomics issues encountered by drivers, including both what drivers and management can do
- Use a **checklist** to evaluate a new vehicle

## Your course fee includes:

- Detailed course manual
- Seat adjustment checklist
- New vehicle checklist
- Lunch and refreshments

## Who should attend:

- Employees who spend a large portion of their time in a vehicle
- Health and safety professionals
- Managers or fleet coordinators making vehicle selection choices
- Ergo team members
- Ergonomists

Registration: Fax this to 519 632-7469, or call for info: 519 632-5103

Or mail it with your cheque to Taylor'd Ergonomics at P.O. Box 1107, Ayr, ON N0B 1E0

Company name

Name(s) of participants

Price  
\$365.00

Address

Phone

Fax

Email address

Method of Payment

Bill me, on purchase order#

Cheque enclosed. Please mail to above address

# of participants x \$365.00 =

Subtotal: \_\_\_\_\_

GST: \_\_\_\_\_

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Total: \_\_\_\_\_

Sorry we do not accept credit cards. Cancellations made within one week of the workshop will be subject to a \$100 charge, although substitutions will be permitted at any time.



Visit us at [www.taylordergo.com](http://www.taylordergo.com) to learn more about our company and upcoming workshops! Call **519 632 5103** for info on holding this workshop at your facility.